



# HARVARD MEDICAL SCHOOL

## DEPARTMENT OF CONTINUING EDUCATION

### **ADDICTION MEDICINE:** Prescribing during the New Era of SBIRT (Screening, Brief Intervention, and Referral to Treatment)

**October 15–16, 2010**

**at Radisson Hotel Boston, 200 Stuart Street, Boston, MA 02116**

**offered by The Division on Addictions, Cambridge Health Alliance, a teaching affiliate of Harvard Medical School**

**Under the Direction of John R. Knight, M.D., Howard J. Shaffer, Ph.D., C.A.S., and Christine H. Thurmond**

In October of each year, the Division on Addictions hosts a course in Addiction Medicine. The primary focus of the 2010 course is "Prescribing during the New Era of SBIRT (Screening, Brief Intervention, and Referral to Treatment)." This course imparts information on methods of diagnosis and protocols for intervention and management of patients with substance abuse and dependence. Our expert faculty provides a unique forum for dialogue and participant interaction.

**Goals:**

- To inform participants about prescribing during the new era of SBIRT (Screening, Brief Intervention, and Referral to Treatment)
- To develop management methods for helping substance abusers and/or addicted patients in a variety of settings
- To inform participants of the best addiction treatment practices in both primary care and specialty settings
- To foster increased dialogue between primary care and addiction professionals, and illustrate how these specialties can work together for the benefit of individuals with addictions

**Objectives:** As a result of this course, participants will increase their understanding of:

- How to prescribe and perform brief screening and intervention for: opioid dependence and withdrawal, pain management, alcoholism, anxiety, depression, and buprenorphine
- How to use computer programs to provide screening and brief interventions
- Best strategies for SBIRT and prescribing in adult and adolescent populations

**Attendance Limited**

**Program on Reverse Side**

**Physicians:** Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Harvard Medical School designates this educational activity for a maximum of 10.25 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in this activity. **AAFP:** This activity has been reviewed and is acceptable for up to 10.25 Prescribed credit(s) by the American Academy of Family Physicians. **Nurses:** The Division on Addictions verifies that this course meets the requirements of the Massachusetts Board of Registration in Nursing (Regulation 244 CMR 5.00) toward relicensing. This course offers 10.25 contact hours. **Social Workers:** This program is approved by the National Association of Social Workers (NASW) (Provider # 886547099) for 10.0 continuing education contact hours. **Counselors:** The Division on Addictions is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. This program is approved for 10.25 clock hours, provider number 6121. The Division on Addictions is a National Association of Alcoholism and Drug Abuse Counselors (NAADAC) Approved Education Provider. This program is approved for 10.25 hours, provider number 396. **Addiction Specialists:** The Massachusetts Board of Substance Abuse Counselor Certifications, Inc. (MVCAC/MBSACC) has approved this program for 10.25 contact hours. The sponsor of this program has been approved to offer 10.25 hours of Continuing Education credit for Certified Addiction Specialists (CAS) in accordance with the American Academy of Health Care Providers in the Addictive Disorders. Approval No. 10-1270.

**REGISTRATION INFORMATION:**

**Tuition Fee – Physicians \$390 (USD). Reduced Fee Allied Health Professionals – \$280 (USD). Residents and Fellows in Training** (with a letter of verification from Department Chair) – **\$180 (USD)**. All foreign payments must be made by a draft on a United States bank or by Visa or MasterCard. If paying by check, make payable to *Harvard Medical School* and mail with completed registration form: **Harvard Medical School-Department of Continuing Education, P.O. Box 825, Boston, MA 02116-0825**. If paying by credit card, please register online at [www.cme.hms.harvard.edu/courses/addictionmedicine](http://www.cme.hms.harvard.edu/courses/addictionmedicine). **Telephone, fax, or mail-in registrations are not accepted.** Inquiries should be directed to the above address, made by phone: (617) 384-8600 Monday–Friday, 10 AM to 4 PM (EST), or by email: [hms-cme@hms.harvard.edu](mailto:hms-cme@hms.harvard.edu). Upon receipt of your registration form an email confirmation from the HMS-DCE office will be sent to you. Therefore, be sure to include an email address that you check daily/frequently. Your email address is used for critical information about the course including; registration confirmation, course evaluation and certificate. PLEASE NOTE: Program changes/substitutions may be made without notice.

**ONLINE INFORMATION:**

**To register or view course information online, visit: [www.cme.hms.harvard.edu/courses/addictionmedicine](http://www.cme.hms.harvard.edu/courses/addictionmedicine)**  
To ensure proper registration, please add the first three characters of the source code found at the bottom of the registration form.

**REFUND POLICY:**

A handling fee of \$60 (USD) is deducted for cancellation. Refund requests must be received by mail one week prior to the course. No refunds will be made thereafter.

**COURSE LOCATION:**

All sessions will be held at **Radisson Hotel Boston**, 200 Stuart Street, Boston, Massachusetts (Telephone: 617-482-1800).

**ACCOMMODATIONS:**

**Hotel rooms in Boston are limited. You are urged to make your reservations early.** A limited number of rooms have been reserved at the **Radisson Hotel Boston** until **September 23, 2010**. It is the Hotel's understanding that individuals will make their own reservations by calling directly to the Reservation Department at (617) 482-1800 or by calling Radisson Worldwide at 1-800-333-3333. In order to receive the special rate, individuals must indicate that they are with the Addiction Medicine 2010 group. Individuals are responsible for making their own reservations and will be asked to guarantee for late arrival with a major credit card. Should the individual "not show" or cancel by 4:00 PM one day prior to arrival, the individual's credit card will be charged, or any deposit will be applied for the first night's room revenue. A map of Boston listing local hotels will be sent with your confirmation of enrollment. For additional housing assistance, call Boston Reservation at (617) 332-4199.

**TRAVEL:**

Please do not make non-refundable airline reservations until your enrollment in the course has been confirmed. You can make your airline reservation by calling the HMS Travel Desk toll free at 1(877) 4-HARVMD (1-877-442-7863) Monday–Friday 9 AM–8 PM (EST). From outside the U.S., Canada, and the Virgin Islands, please call (617) 559-3764.

**ADDICTION MEDICINE** Class #00301340

**October 15–16, 2010**

**Tuition Fee: Physicians: \$390 (USD)**

**Allied Health Professionals: \$280 (USD) Residents\*/Fellows in Training\*: \$180 (USD)**

**Check is enclosed:** Please make your check payable to *Harvard Medical School* and mail it with this registration form to:  
**Harvard Medical School-Department of Continuing Education, P.O. Box 825, Boston, MA 02117-0825**

*Please Print Clearly (All Fields Required)*

Name \_\_\_\_\_ Degree \_\_\_\_\_  
First Middle Initial Last

Mailing Address \_\_\_\_\_  
Street City State Zip Code

Daytime Phone (\_\_\_\_\_) \_\_\_\_\_ Fax Number (\_\_\_\_\_) \_\_\_\_\_

**Please note:** Your email address is used for critical information about the course including; registration confirmation, course evaluation and certificate. Please be sure to include an email address you check daily or frequently.

Email Address \_\_\_\_\_  Please check if you wish to be **excluded** from receiving email notices of future HMS-DCE programs.

Professional School Attended \_\_\_\_\_ Year of Graduation \_\_\_\_\_

Profession \_\_\_\_\_ Organization Affiliation \_\_\_\_\_

Primary Specialty (Physicians Only) \_\_\_\_\_ Board Certified: Yes  No

\* A letter of verification from Department Chair must accompany the registration form for a reduced fee.

Registrations paid by credit card may be made online at: [www.cme.hms.harvard.edu/courses/addictionmedicine](http://www.cme.hms.harvard.edu/courses/addictionmedicine)

☞ Online Registrants: Add the first **three characters** of the source code found here ☞

Source Code: **X070810**

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**Prescribing during the New Era of SBIRT**  
**(Screening, Brief Intervention, and Referral to Treatment)**  
**Radisson Hotel Boston • 200 Stuart Street, Boston, MA 02116**

**AGENDA**

**Friday, October 15, 2010**

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| 7:15 AM  | REGISTRATION   |
| 7:50 AM  | Introduction to the Course .....Howard J. Shaffer, Ph.D., C.A.S.   |
| 8:00 AM  | Keynote Address: Toward Systematic Screening, Brief Intervention, and Referral to Treatment .....Bertha K. Madras, Ph.D.                         |
| 9:00 AM  | Screening, Brief Intervention, and Referral to Treatment (SBIRT) for All Ages .....Sharon Levy, M.D.   |
| 10:00 AM | Outpatient Management of Pain and Addiction .....Janice Kauffman, R.N., M.P.H., L.A.D.C.1., C.A.S.   |
| 11:00 AM | BREAK  |
| 11:15 AM | SBIRT by Computer Programs—Late Breaking Research .....John R. Knight, M.D.  |
| 12:15 PM | LUNCH BREAK (see area restaurants list in syllabus)  |
| 1:30 PM  | Treating Alcoholism with Medications: Naltrexone and Other Outpatient Treatments .....Patrick G. O'Connor, M.D.                                  |
| 2:30 PM  | Treatment Strategies for Patients with Anxiety: Does SBIRT Apply? .....John A. Renner, Jr., M.D., C.A.S.   |
| 3:30 PM  | BREAK  |
| 3:45 PM  | Review of Medical Detoxification for Substances of Abuse: Role of<br>Withdrawal Screening Instruments in Treatment .....Alan A. Wartenberg, M.D. |
| 4:30 PM  | Questions and Answers  |
| 5:00 PM  | ADJOURN  |

**Saturday, October 16, 2010**

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| 8:30 AM  | CONTINENTAL BREAKFAST  |
| 9:00 AM  | SBIRT: From Research to Practice – Obstacles and Opportunities .....John C. Higgins-Biddle                             |
| 10:00 AM | Buprenorphine Maintenance Therapy for Opioid Dependence: Can SBIRT Add Value? .....Ximena Sanchez-Samper, M.D.         |
| 11:00 AM | BREAK  |
| 11:15 AM | Depression and Addiction: Psychopharmacological Considerations and SBIRT Implications .....J. Wesley Boyd, M.D., Ph.D. |
| 12:15 PM | ADJOURN  |

**PLEASE FILL OUT YOUR EVALUATION FORM ONLINE – THANK YOU!**

**Course Faculty**

**J. Wesley Boyd, M.D., Ph.D.**, Assistant Clinical Professor of Psychiatry, Harvard Medical School; Staff Psychiatrist, Cambridge Health Alliance and Children's Hospital Boston; Associate Director, Physician Health Services

**John C. Higgins-Biddle, Ph.D.**, Retired Assistant Professor, University of Connecticut Health Center; Consultant Services in Substance Use and Health

**Janice Kauffman, R.N., M.P.H., L.A.D.C.1., C.A.S.**, Assistant Professor of Psychiatry, Harvard Medical School; Vice President, Addiction Treatment Services, North Charles Foundation, Inc.

**John R. Knight, M.D.**, Associate Professor of Pediatrics, Harvard Medical School; Director, Substance Abuse Research, Children's Hospital Boston

**Sharon Levy, M.D., M.P.H.**, Assistant Professor of Pediatrics, Harvard Medical School; Medical Director, Adolescent Substance Abuse Program; Associate Researcher, CeASAR, Children's Hospital Boston

**Bertha K. Madras, Ph.D.**, Professor of Psychobiology in the Department of Psychiatry, Harvard Medical School; Former Deputy Director for Demand Reduction in the White House, Office of National Drug Control Policy

**Patrick G. O'Connor, M.D., M.P.H.**, Professor of Medicine, Yale University School of Medicine; Chief, Section of General Internal Medicine, Yale–New Haven Hospital

**John A. Renner, Jr., M.D., C.A.S.**, Associate Professor of Psychiatry, Boston University School of Medicine; Associate Chief, Psychiatry Services, Boston Veterans Administration Outpatient Clinic

**Ximena Sanchez-Samper, M.D.**, Instructor in Psychiatry, Harvard Medical School; Psychiatrist, Adolescent Substance Abuse Program, CeASAR, Children's Hospital Boston

**Howard J. Shaffer, Ph.D., C.A.S.**, Associate Professor of Psychology in the Department of Psychiatry, Harvard Medical School; Director, Division on Addictions, Cambridge Health Alliance

**Alan A. Wartenberg, M.D.**, Assistant Professor of Medicine, Tufts University School of Medicine

