



HARVARD MEDICAL SCHOOL

ADDICTION MEDICINE:

A Case-based Approach to Managing Addiction in Special Populations and Related Issues

Friday–Saturday/October 11–12, 2013

at Revere Hotel Boston Common

offered by The Division on Addiction, Cambridge Health Alliance, a teaching affiliate of Harvard Medical School

Course Directors Howard J. Shaffer, Ph.D., C.A.S., John R. Knight, M.D., and Debi A. LaPlante, Ph.D.

Course Administrators Tasha Chandler, Heather Gray, Ph.D.

COURSE DESCRIPTION

During October of each year, the Division on Addiction hosts a course called Addiction Medicine. The primary focus of the 2013 course is "A Case-based Approach to Managing Addiction in Special Populations and Related Issues." According to results from SAMHSA's National Survey on Drug Use & Health, "In 2011, 21.6 million persons aged 12 or older needed treatment for an illicit drug or alcohol use problem. An estimated 20.6 million persons aged 12 or older were classified with substance dependence or abuse in the past year." The Addiction Medicine activity imparts information on methods of diagnosis and protocols for intervention and management of patients with substance abuse and dependence. Our expert faculty provides a forum for dialogue and participant interaction through lectures, case-studies, and Q & A.

GOALS

- To inform participants about a case-based approach to managing addiction and related problems
- To inform participants of the best addiction practices in both primary care and specialty settings
- To develop management methods for helping substance abusers and/or addicted patients in a variety of settings
- To foster increased dialogue between primary care and addiction professionals, and illustrate how these specialties can work together for the benefit of individuals with addiction

LEARNING OBJECTIVES

Upon completion of this course, participants will be able to:

- Review and incorporate several approaches for the management of substance use disorders in your clinical setting
- Apply effective treatment methods for pain management, alcohol and drug withdrawal, and opioid dependence
- Apply effective addiction treatment methods for special populations, including pregnant women, pediatrics, geriatric patients, veterans, and patients with chronic pain
- Recognize misuse among individuals across age cohorts

TARGET AUDIENCE

This activity is primarily for clinicians, practitioners, and allied health professionals who treat clients with addiction—psychiatrists, physicians, physician assistants, addiction specialists, psychologists, emergency medicine practitioners, nurse practitioners, pediatricians, geriatricians, etc., as well as scientists, social workers, health care professionals, and anyone who specializes in the field of addiction.

ACCREDITATION

The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Harvard Medical School designates this live activity for a maximum of 14.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. **Psychologists:** The Division on Addiction is approved by the American Psychological Association to sponsor continuing education for psychologists. The Division on Addiction maintains responsibility for this program and its content. Provider #2161. This course offers 14.5 continuing education credits. **Nurses:** The Division on Addiction verifies that this course meets the requirements of the Massachusetts Board of Registration in Nursing (Regulation 244 CMR 5.00) toward relicensing. This course offers 14.5 contact hours. **Social Workers:** This program is Approved by the National Association of Social Workers (NASW) (Approval #886605629-1957) for 14.5 Clinical Social Work continuing education contact hours. **Counselors:** The Division on Addiction is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. This program is approved for 14.5 clock hours, provider number 6121. **Addiction Specialists:** The Massachusetts Board of Substance Abuse Counselor Certification, Inc. (MCVCAC/MBSACC) has approved this program for 14.5 contact hours. The sponsor of this program has been approved to offer 14.5 hours of Continuing Education credit for Certified Addiction Specialists (CAS) in accordance with the American Academy of Health Care Providers in the Addictive Disorders. Approval No. 13-1462.

ACGME COMPETENCIES

This course is designed to meet one or more of the following Accreditation Council of Graduate Medical Education competencies:

- Patient care
- Medical knowledge
- Interpersonal and communication skills
- Professionalism

REGISTRATION INFORMATION

Physicians: \$450 for both days or \$300 for one day; Allied Health Professionals: \$350 for both days or \$200 for one day; Residents/Fellows in Training: \$250 for both days or \$150 for one day

Registration by credit card (VISA or MasterCard) can be made at: www.cme.hms.harvard.edu/courses/addictionmedicine. Registration by check (draft on a United States bank), please make payable to Harvard Medical School and mail with registration form to Harvard Medical School—Department of Continuing Education, PO Box 417476, Boston, MA 02241-7476. Telephone or fax registration is not accepted. Registration with cash payment is not permitted. Upon receipt of your paid registration an email confirmation from the HMS-DCE office will be sent to you. Be sure to include an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation, and certificate.

INQUIRIES

By phone 617-384-8600, Monday–Friday, 10 AM to 4 PM (EST) or by email at: hms-cme@hms.harvard.edu.

ONLINE INFORMATION

To register or view activity information online, visit: www.cme.hms.harvard.edu/courses/addictionmedicine. To ensure proper registration, please add the first three characters of the source code found at the bottom of this registration form.

DISCLOSURE POLICY

Harvard Medical School (HMS) adheres to all ACCME Essential Areas, Standards, and Policies. It is HMS's policy that those who have influenced the content of a CME activity (e.g., planners, faculty, authors, reviewers, and others) disclose all relevant financial relationships with commercial entities so that HMS may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

REFUND POLICY

A handling fee of \$60 is deducted for cancellation. Refund requests must be received by postal mail, email, or fax one week prior to this activity. No refunds will be made thereafter.

COURSE LOCATION

All sessions for this course will be held at Revere Hotel Boston Common, 200 Stuart Street, Boston, Massachusetts (Telephone: 617-482-1800).

ACCOMMODATIONS/TRAVEL

A limited number of rooms have been reserved at Revere Hotel Boston Common (Telephone: 617-482-1800) until September 19, 2013. Please specify that you are enrolled in this course to receive a reduced room rate of \$279 per night Single/Double. Hotel arrangements can also be made online at: http://bit.ly/RevereHotel_AddictionMedicine2013. Please do not purchase non-refundable airline ticket(s) until you have received an email from our office confirming your paid registration. For airline reservations contact the HMS Travel Desk toll free 1-877-4-HARVMD (1-877-442-7863) Monday–Friday 9 AM–8 PM (EST). From outside the U.S., Canada, and Virgin Islands, please call 617-559-3764.

October 11–12, 2013

ADDICTION MEDICINE

Class #331340

Tuition Fee:	Physicians:	\$450 for both days or \$300 for one day
	Allied Health Professionals:	\$350 for both days or \$200 for one day
	Residents/Fellows in Training:	\$250 for both days or \$150 for one day

Print Name Clearly—All Fields Required

Full Name _____
First Middle Initial Last

Mailing Address _____
Street City State Zip Code

Daytime Phone (_____) _____ Fax Number (_____) _____

Please note: Your email address is used for critical information about the course including: registration confirmation, evaluation, and certificate. Please be sure to include an email address you check daily or frequently.

E-Mail Address _____

Please check if you wish to be **excluded** from receiving email notices of future Harvard Medical School – Department of Continuing Education programs.

Profession _____ Degree _____

Primary Specialty (Physicians Only) _____ Board Certified: Yes No

Professional School Attended (Physicians Only) Harvard Medical School U.S. Medical School International Year of Graduation _____

Online registrants – add the first three characters of source code found here. →

Source Code: **W E B**

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Revere Hotel Boston Common

AGENDA

Friday, October 11, 2013

7:15 AM	REGISTRATION
7:50 AM	Introduction to the Course John R. Knight, M.D.
8:00 AM	Keynote Address – Inside Rehab: An Author Explores our Addiction Treatment System Anne M. Fletcher, M.S., R.D.
9:00 AM	Creating Change – A New Past-focused Model for Addiction and Co-occurring PTSD Lisa M. Najavits, Ph.D.
10:00 AM	BREAK
10:15 AM	Medication Assisted Treatment for Opioid Dependence Daniel P. Alford, M.D., M.P.H., F.A.C.P., F.A.S.A.M.
11:15 AM	Managing Pain among Individuals who are Abusing Substances Janice Kauffman, R.N., M.P.H., L.A.D.C.1., C.A.S.
12:15 PM	LUNCH BREAK (see area restaurants list in syllabus)
1:30 PM	Opioid Addiction during Pregnancy: Addressing the Methadone or Buprenorphine Dilemma Marjorie Meyer, M.D.
2:30 PM	Addressing Addiction among Geriatric Patients Jason Strauss, M.D.
3:30 PM	BREAK
3:45 PM	Rational Approach to Alcohol and Other Drug Detoxification: A Case-based Presentation Alan A. Wartenberg, M.D.
4:45 PM	Q & A
5:00 PM	ADJOURN

Saturday, October 12, 2013

8:00 AM	CONTINENTAL BREAKFAST
8:30 AM	Screening, Assessing, and Treating Unhealthy Substance Use at Hospitals Bertha K. Madras, Ph.D.
9:30 AM	Screening and Brief Intervention for Adolescent Substance Abuse Traci L. Brooks, M.D.
10:30 AM	BREAK
10:45 AM	Treating Addiction among Veterans John A. Renner, Jr., M.D., C.A.S.
11:45 AM	Ethical Considerations in the Management of Addiction J. Wesley Boyd, M.D., Ph.D.
12:45 PM	LUNCH BREAK

SUPPLEMENTAL SECTION: CURRENT ADVANCES IN ADDICTION SCIENCE

1:30 PM	Supplemental Section Introduction Howard J. Shaffer, Ph.D., C.A.S.
1:45 PM	Racial and Ethnic Disparities in Addiction Treatment: Access and Completion Benjamin Cook, Ph.D.
2:45 PM	Recovery within a Native American Adolescent Population Sarah E. Nelson, Ph.D., and Martina Whelshula, Ph.D.
3:45 PM	BREAK
4:00 PM	Adolescent Brain Development and Substance Abuse Disorders Marisa Silveri, Ph.D.
5:00 PM	ADJOURN

PLEASE FILL OUT YOUR EVALUATION FORM ONLINE – THANK YOU!

Program changes/substitutions may be made without notice.

Course Faculty

Daniel P. Alford, M.D., M.P.H., F.A.C.P., F.A.S.A.M., Associate Professor of Medicine, Assistant Dean of CME, Boston University School of Medicine; Medical Director, Office-based Opioid Treatment (OBOT), Program Director, Addiction Medicine Residency Program, Team Medical Director, Boston Medical Center

J. Wesley Boyd, M.D., Ph.D., Assistant Clinical Professor of Psychiatry, Harvard Medical School; Staff Psychiatrist, Cambridge Health Alliance

Traci L. Brooks, M.D., Instructor in Pediatrics, Harvard Medical School; Director of Adolescent Services, Medical Director of Teen Health Centers, Cambridge Health Alliance

Benjamin Cook, Ph.D., Assistant Professor of Psychiatry, Harvard Medical School; Senior Scientist, Center for Multicultural Mental Health Research, Cambridge Health Alliance

Anne M. Fletcher, M.S., R.D., Award-winning Health and Medical Writer, Speaker, and Consultant on Weight Management & Lifestyle Change, Treatment & Recovery from Addiction

Janice Kauffman, R.N., M.P.H., L.A.D.C.1., C.A.S., Assistant Professor of Psychiatry, Harvard Medical School; Vice President, Addiction Treatment Services, North Charles Foundation, Inc.; Director, Addictions Consultation, Cambridge Health Alliance

John R. Knight, M.D., Associate Professor of Pediatrics, Harvard Medical School; Director, Substance Abuse Research, Children's Hospital Boston

Debi A. LaPlante, Ph.D., Assistant Professor of Psychiatry, Harvard Medical School; Director of Research and Academic Affairs, Division on Addiction

Bertha K. Madras, Ph.D., Professor of Psychobiology, Department of Psychiatry, Harvard Medical School

Marjorie Meyer, M.D., Professor, Department of Obstetrics, Gynecology and Reproductive Sciences, Division Director and Fellowship Director, Maternal Fetal Medicine, The University of Vermont

Lisa M. Najavits, Ph.D., Professor of Psychiatry, Boston University School of Medicine; Lecturer on Psychology in the Department of Psychiatry, Harvard Medical School

Sarah E. Nelson, Ph.D., Assistant Professor of Psychiatry, Harvard Medical School; Associate Director of Research, Division on Addiction

John A. Renner, Jr., M.D., C.A.S., Professor of Psychiatry, Boston University School of Medicine; Associate Chief of Psychiatry, VA Boston Healthcare System

Howard J. Shaffer, Ph.D., C.A.S., Associate Professor of Psychology, Department of Psychiatry, Harvard Medical School; Director, Division on Addiction

Marisa Silveri, Ph.D., Assistant Professor, Department of Psychiatry, Harvard Medical School; Director, Neurodevelopmental Laboratory on Addictions and Mental Health, McLean Hospital; Adjunct Assistant Professor, Department of Psychiatry, Boston University School of Medicine

Jason Strauss, M.D., Instructor in Psychiatry, Harvard Medical School; Geriatric Psychiatry Unit, Whidden Memorial Hospital

Alan A. Wartenberg, M.D., Assistant Professor of Medicine, Tufts University School of Medicine

Martina Whelshula, Ph.D., Executive Director, The Healing Lodge of the Seven Nations

